

Mountaineer

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Photo by Pfc. Clint Stein

Col. Scott Lang, 43rd Area Support Group commander, right, and Command Sgt. Maj. Mark Villanueva, 43rd ASG command sergeant major, left, cases the colors of the 43rd ASG as part of a going away ceremony at Manhart Field Oct. 5. About 1,600 Soldiers in the 43rd ASG departed for the Middle East Sunday.

Fort Carson bids fond farewell to 43rd ASG

by Pfc. Clint Stein
Mountaineer staff

A going away ceremony was held at Manhart Field Oct. 5 for members of the 43rd Area Support Group before their departure to the Middle East Oct. 10.

Hundreds of Soldiers from the 43rd ASG stood in a mass formation as they were praised for the hard work and training they have put in while getting prepared for another deployment to the Middle East.

This deployment will be the second time the 43rd ASG has served in the Middle East as part of Operation Iraqi Freedom and Operation Enduring Freedom in the past two years.

All units in the 43rd ASG served in Kuwait and Iraq from December 2002 to April 2004.

"The 43rd has a proud tradition of being well-prepared when its nation calls," said Brig. Gen. Joseph Orr, 7th Infantry Division and Fort Carson deputy commander.

manding general.

The 43rd ASG took away valuable lessons from its time in the Middle East and has trained differently for this deployment," said Orr. "The 43rd is better trained and more prepared."

Orr said he was humbled by the Soldiers' dedication and the way they selflessly assume the nation's call. "Each of you will meet your own call of duty at some point," he said. "The freedoms we enjoy as a nation are not free and it will soon be in your hands. Every Soldier's daily decisions and accomplishments will have an impact," Orr continued, "and I'm confident you will succeed."

As Orr brought his speech to the Soldiers to an end, he gave them reassurance that their families would be taken care of while they were deployed. "Have no doubt that Fort Carson will meet the needs of your families,"

See 43rd ASG farewell, Page 7

Flu season approaches

Courtesy Evans Army Community Hospital

It is now that time of year when flu prevention becomes very important and Evans Army Community Hospital will be following the guidance of the surgeon general and the Centers for Disease Control during the 2004 to 2005 flu season.

In accordance with the Office of the Surgeon General guidance, the first doses of the influenza vaccine received at Army posts will be used to vaccinate those troops deployed or on orders to deploy.

Due to manufacturing problems, the flu vaccine is in short supply. The Centers for Disease Control have asked that individuals who are at high-risk for influenza get vaccinated. High-risk individuals include:

- Children 6 to 23 months of age
- Adults 65 years old or greater
- Individuals with chronic medical conditions such as heart, lung or blood diseases
- Children (6 months to 18 years of age) on long-term aspirin therapy
- Pregnant women
- Health-care workers with direct patient contact

Deploying active duty servicemembers will receive their influenza vaccine from the SRP site until vaccine supply is depleted. At this time, there is no vaccine supply available for other beneficiaries.

The Centers for Disease Control encourages persons in the high-risk groups identified above to search locally for the vaccine. Persons who are not included in one of the high-risk groups described above are asked to forego or defer vaccination.

In the event of new vaccine availability, Preventive Medicine of Evans Army Community Hospital will operate a High-Risk Flu Clinic for those beneficiaries described above.

The Flu Shot Hotline, at 526-6422, will be maintained with the most current flu vaccine information.

It is important to remember that on average in the United States only 5 to 20 percent of the population get the flu. There are some people who should not be vaccinated. This includes:

See Flu season, Page 4

INSIDE THE MOUNTAINEER

Opinion/Editorial
Word of the month. Page 2

Military
NCO, Soldier of the year named. Page 5

Community
Servicemembers Civil Relief Act. Page 11

Sports
Youth tackle football. Page 19

Feature



3rd Armored Cavalry Regiment participate in combat logistics patrol training.

See Pages 16 and 17.

Happenings



An 1890s 46-room castle in Manitou Springs can be visited.

See Pages 25 and 26.

Trick-or-treating times

Trick-or-treating times for Halloween on post will be Oct. 31 from 6 to 8 p.m.

Post Weather hotline:
526-0096

Teamwork

EO word of the month

**Commentary by Sgt. 1st Class Emily Kent
Team Unit's Equal Opportunity Advisor**

The dictionary defines teamwork as a "joint action by a group of people, in which each person subordinates his individual interests and opinions to the unity and efficiency of group."

We in the military, whether we're a family member or a servicemember, know about teamwork. Without individuals working as a team, especially during a wartime situation, the mission would never be accomplished. The spouses and other family members left behind to hold down the fort rely on each other for support, and without teamwork they may not be able to accomplish their daily missions of keeping the household afloat.

Teams come in many shapes and sizes and missions. Teams can be anything from the Denver Broncos football team to the tank team here at Fort Carson. However, all of the teams have four characteristics that they share: they have two or more individuals; they share common goals; they are task-interdependent; and they have a desired productive outcome. These characteristics serve as the basis for developing a working team. Besides the four characteristics, teams also share some basic skills.

Teams also have three primary

skills required for effective teamwork. The first is group decision making/planning, which refers to the ability to identify problems and gather, evaluate, share and link information. This is an invaluable tool on the battlefield when the scouts are sent forward to identify possible attacks.

The second skill required is adaptability and flexibility. This implies using a variety of task-relevant strategies, providing assistance, adjusting to task reallocation and accepting feedback. Without the ability to adapt and overcome different obstacles as they arise during the course of a battle, many more lives would be lost. Soldiers need the training in order to be flexible when changes inevitably take place.

The third skill set is communications and interpersonal relations, which refers to supporting team decisions, sharing work, helping others and seeking mutually agreeable solutions. Seeking solutions would include providing complete and concise information, listening effectively and asking questions.

Exceptional leaders understand that the team's resources are more than the sum of individual members, and successful teamwork results in new ideas and new resources. A successful team means a stronger organization and a shared vision is key to accomplishing team goals.

Carson child, youth services celebrates good character

Courtesy Child and Youth Services and Josephson Institute of Ethics

Good character counts at Fort Carson Child and Youth Programs.

Child and Youth Services is kicking off a character education initiative that will focus on the character development of its young people. But, CYS is not acting alone. The Garrison Commander Col. Michael J. Resty, Directorate of Community Activities, McDonald Kemp and CYS Coordinator Janis McConnell have joined forces to try to strengthen the character of its young people.

"This initiative can potentially influence the character of many children and youth of Fort Carson and its surrounding areas. Although CYS serves as the initiative's lead, our partners are fully committed to their role in developing and strengthening character education," said McConnell. "I believe character education is the best way to make an enduring difference in the life of a child or young person."

A number of events will take place Sunday to Oct. 23 to coincide with Fall Fest and the Red Ribbon Campaign. Events taking place at all CYS programs are part of an Armywide movement sponsored by Army Child and Youth Services and the Character Counts Coalition, a nonpartisan and non-sectarian alliance of some hundreds of schools and youth-service organizations across the country.

Offering these events is a fun and exciting way to introduce the six pillars of Character Counts! to young people. The six pillars — trustworthiness, respect, responsibility, fairness, caring and citizenship — mirror the Army values. "We are proud to be a part of an effort which encourages all to live with integrity and to be a person of good character," said McConnell.

CYS Children were asked "What does it

mean to have good character?" Here are a few of their responses:

Zack R. (Age 11): "I think good character means many things. It means that you help other people. You do what you are told and you are willing to help. You try your hardest at anything you do. So you would be kind, courageous, kind, obedient, hard working and achieving. You would have to be all that to have good character."

Michael D. (Age 11): "Good character is when you show respect to somebody else, but mainly it is about treating other people like you want to be treated."

Paul U. (Age 14): "What is good character? Character can mean a lot of things. It means being yourself and not just following the crowd. It means staying true to your friends and being loyal. It means integrity, doing the right thing when no one is looking. It means to be good without being told to. This is what character means."

Shante Y. (Age 17): "Good character means being respectful to people, caring about people and comforting them. Good character also means even though someone does wrong to you, you still love them in spite of what they do to you. Treat people with kindness."

Kristina R. (Age 14): "Good character means being trustworthy, respectful, responsible, fair, caring, and being a good citizen."

Kiara S. D. (Age 10): "Good character means being responsible, respectful, to be trustworthy and treating people how you want to be treated. Good character also, means being caring, fair and having good citizenship."

AnTHONY J. W. (Age 10): "Good character means to behave correctly and to return things that do not belong to you. Good character means to respect others and to be responsible in your actions also to be fair in what you do."



What could the Army do to better encourage teamwork?



"They really need to instill it more in basic training. Because if you don't work as a team you're done for."

Cpl. Eric Curtis
Headquarters Company,
1st Battalion, 8th Infantry



"As noncommissioned officers we need to get a little more involved with Soldiers and their families."

Sgt. Darrell Hill, Troop L,
3rd Squadron, 3rd
Armored Cavalry Regiment



"More unit functions and more unit team-building exercises."

Staff Sgt. Karen Johnson
Company A, 10th
Combat Support Hospital



"More unit functions and more family functions."

Staff Sgt. Yusef Reid
Company A, 52nd
Engineer Battalion

MOUNTAINEER

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News

myPay helps manage retiree accounts

by Carol A. García

Defense Finance and Accounting Service Corporate Communications

Defense Finance and Accounting Service myPay representatives will be at the 2004 Retiree Appreciation Day at Fort Carson Oct. 30 to demonstrate the ease of using the Web-based myPay system and sign up retirees to access the system.

myPay eliminates the risks associated with postal delivery by allowing members to access an electronic 1099R and retirement account statements and other financial information. myPay provides members up-to-date information on pertinent changes by delivering notices to users' e-mail addresses.

Through myPay, retirees can change a mailing address, update direct-deposit information, and view and print retiree pay statements and 1099Rs. myPay allows users to provide a personal e-mail address for future correspondence. The e-mail address will be used to keep users apprised of future events and capabilities, such as, e-mail notification of pay changes and other items of interest. E-mail addresses can be submitted through the "Personal Preference" page.

"This program gives retirees and annuitants from all Armed Forces unprecedented control of their pay accounts," said Dennis Eicher, director for DFAS Electronic Commerce, Military and Civilian Pay

Services. "myPay offers faster enhanced services, security, accessibility and reliability to all customers, and the program saves money by reducing the cost associated with offline paperwork and pay statements."

The system is simple to access from a personal computer with Internet access, and a Web browser with secure features. Any retired servicemember or annuitant can access his account by following a few easy steps.

- On the Internet, type the following address <https://mypay.dfas.mil>. The first screen will be the myPay home page, which will ask for a Social Security number and a personal identification number.

- Before anyone can access the system for the first time, a PIN must set up. To set up a PIN on the homepage, move the cursor down towards the bottom of the page to a section labeled "Need a New PIN?" Click on the box "New PIN" and follow instructions.

- Retirees without a computer may register and establish a PIN using a touch-tone phone by calling toll free (877) 363-3677. A series of messages guides listeners through the process and collects the required information. A unique random PIN number is established by DFAS and mailed to the retiree.

- Once the PIN is received, users can log on and access their personal account.

"What is great about this system is that it is in the hands and control of the retiree," said Eicher. "They are

able to control their military finances and benefits without long waits or mailing in forms." Many retirees may receive their retiree account statement by mail, which takes several days. However, by registering and logging onto myPay the retiree can view the RAS days before the postal service delivers it to his doorstep.

Customer support is available by calling (800) 390-2348 Monday through Friday between 7 a.m. and 7 p.m. Eastern Standard Time. Even those who do not have a personal computer can make required changes to their pay account by using the computer and Internet access of a family member, friend or at public libraries and cyber cafes.

Currently, myPay has nearly three million users with customized PINs and serves all military members, military retirees and annuitants, Department of Defense civilian employees and Department of Energy employees.

About DFAS

The Defense Finance and Accounting Service is the world's largest finance and accounting operation. It provides responsive, professional finance and accounting services to the men and women who defend America. In fiscal 2003, DFAS paid about 5.9 million people, processed more than 12.3 million invoices from defense contractors, disbursed more than \$416 billion and managed more than \$194 billion in military trust funds. For more about DFAS, visit www.dfas.mil.

Mountain Post education week contest open to Soldiers, family members

Courtesy Fort Carson Education Center

In recognition of American Education Week and Family Appreciation Week, the Mountain Post Training and Education Center is sponsoring an essay contest.

The contest is open to active-duty Soldiers, active-duty Soldiers' spouses and active-duty Soldiers' high school senior family members.

Individuals must submit an essay of less than 1,000 words. The topic is, "The Importance of a College Degree in Today's Army." A Soldier or spouse can be nominated by someone else, in which case, the essay will be titled "How the individual I am nominating promotes the importance of a college degree in today's Army."

Local universities and schools are donating prizes for the contest. Prizes are: a free

textbook, Troy State University Colorado Springs campus; \$100 bookstore gift certificate, Regis University; \$100 book store voucher, Webster University; \$150 voucher for either tuition or textbook, CSU-Pueblo; two \$250 vouchers for either tuition or textbooks at UCCS; two \$75 bookstore vouchers, Pikes Peak Community College; \$750 tuition voucher, DeVry University; \$170 voucher for either tuition or textbooks, Embry-Riddle Aeronautical University; application fee waiver (University of Phoenix, Colorado Springs campus; and two admission fee waivers, Regis University.

Entry forms can be picked up at room 160B, building 1117. The contest will run until Nov. 10. Winners will be announced at an awards luncheon Nov. 18.

Flu season

From Page 1

- People who have a severe allergy to chicken eggs
- People who have had a severe reaction to an influenza vaccination in the past
- People who developed Guillain-Barré syndrome within six weeks of getting an influenza vaccine previously
- Children less than 6 months of age

We must take precautions to prevent the spread of flu:

Avoid close contact

- Avoid close contact with people who are sick. When you are sick, keep your distance from others to protect them from getting sick too
- Stay home when you are sick
- If possible, stay home from work, school and running

errands when you are sick. You will help prevent others from catching your illness

- Wear a mask if you must visit your doctor or clinic
- Do not visit patients in a health care facility

Cover your mouth and nose

- Cover your mouth and nose with a tissue when coughing or sneezing. It may prevent those around you from getting sick

Clean your hands

- Washing your hands often will help protect you from germs
- Carry and use alcohol hand gel when shopping, eating out, and at public events
- Avoid touching your eyes, nose or mouth
- Germs are often spread when a person touches something that is contaminated with germs and then touches his or her eyes, nose or mouth.

Military

Fort Carson awards Soldier of the year

by Sgt. Jon Wiley
Mountaineer staff

Shortly after Sept. 11, 2001, President George W. Bush gave a speech about a new generation of American heroes who would rise up to meet the threat of global terrorism and serve as champions of freedom around the world. Bush couldn't have picked a finer example of these heroes than Cpl. Rod Severance, Fort Carson's Soldier of the Year for 2004.

Severance, an infantry mortarman in Troop E, 2nd Squadron, 3rd Armored Cavalry Regiment, started his first day of basic training Sept. 11, 2001, but his desire to be a Soldier began long before that.

Growing up on a farm outside of Ryder, N.D., Severance said he knew he wanted to be a Soldier from the time he was 8 years old. After finishing his chores as a boy — 80-hour work weeks were common — he would play Army. As soon as he graduated high school in 2001, he made his boyhood dream a reality and enlisted.

He had no idea at the time how

important his decision would prove to be, but on Sept. 11, 2001, as he was moving from the reception battalion to basic training, he found out.

"While we were going through our initial shakedown, the drill sergeants kept running back and forth from the television, and then that night our senior drill sergeant told us that the twin towers had been hit and the Pentagon had been attacked," Severance said.

The news was a heavy load for him and his fellow recruits to bear, but it focused them.

"It made it a lot more real for us. Everyone took the training more seriously, and we were a lot more motivated to learn and do our job," he said.

Severance's chance to use that training came quickly. In April 2003, he deployed with the 3rd Armored Cavalry Regiment to Iraq and served there until March 2004 — a period he described as "the best and worst part of my Army career.

It was the best "because of the camaraderie and becoming a veteran,"

he said, but the worst because he said he saw "a lot of good men lost."

Despite the loss, Severance distinguished himself in Iraq.

"He's an outstanding, take-charge individual who's very knowledgeable about his job and the Army and he displayed that in Iraq," said Staff Sgt. Tony Jones, Severance's first line supervisor.

After his unit redeployed to Fort Carson, Severance continued to stand out by competing in and winning unit boards, making it all the way to the post installation board and taking first place.

Severance encourages other Soldiers to go to boards.

"Studying for boards gives you a lot of extra knowledge," he said.

But, he said the best way to be successful as a Soldier is to listen to non-commissioned officers.

"Listen to your NCOs and take their advice. They've already been there so they know," he said.

Severance said he's not thinking too far ahead about his Army career. For now, he said he's "taking it one day at a time" and trying to get as far as he can



Photo by Sgt. Jon Wiley

Cpl. Rod Severance, Fort Carson's Soldier of the Year for 2004, stands by a M113A3 armored mortar vehicle, which he mans for E Troop, 2nd Squadron, 3rd Armored Cavalry Regiment.

as a Soldier. He will be promoted to sergeant Nov. 1.

Military Briefs

Misc.

Enlistment bonus — If you were deployed in Iraq, Kuwait or Afghanistan, you may be entitled to a lump sum re-enlistment bonus of \$5,000. Effective April 13, the Army announced a retroactive bonus to qualified Soldiers that re-enlisted from March 18, 2003, to Sept. 18, 2003.

Also effective May 18, the Army announced a new listing of Selective Re-enlistment Bonus and Targeted SRB Program. Under this new message, qualified Soldiers may be eligible for a lump sum bonus of up to \$10,000.

To see if you were qualified, please see your local Career Counselor:

3rd ACR — 526-3417

3rd BCT — 526-4549

43rd ASG — 526-9366

Division troops — 526-3983.

Warrant Officer recruiting — The U.S. Army is looking for highly motivated Soldiers, Marines, Sailors and Airmen to fill its warrant officer ranks.

Positions are open in all 45 specialties if you qualify.

Applicants with less than 12 years active federal service are encouraged to apply.

For more information, contact the Warrant Officer Recruiting Team at www.usarec.army.mil/warrant or call (502) 626-0271/1860.

U.S. Military Academy positions available — The U.S. Military Academy at West Point is looking for branch-qualified company grade officers and non-commissioned officers in the rank of sergeant first class interested in an assignment to the USMA. NCOs should

have drill sergeant or platoon sergeant experience with 12 to 15 years of service to be assigned to the staff and faculty as instructors and company tactical NCOs.

Selected officers will normally attend advanced civil schooling for up to two years followed by a three-year tour at West Point.

For application information, go to <http://www.usma.army.mil/adjutantgeneral> or write to Management Operations Branch, AG Division, West Point, N.Y. 10996-1926.

Special Forces briefings — Special Forces briefings will be conducted weekly at the Grant Library. The briefing times are Wednesdays at 1:30 p.m. and Thursdays at 1:30 and 3:30 p.m.

The Army's Special Forces is a strategic, multi-purpose force capable of rapid response to various contingencies around the world. Called "Green Berets," these highly-skilled Soldiers are trained in unconventional warfare, foreign internal defense, direct action, special reconnaissance, combating terrorism, information operations and counter proliferation.

Special Forces candidates must be mature and self-motivated; open and humble; and better conditioned physically and emotionally than the average Soldier. All interested male Soldiers, privates first class to staff sergeants, and second and first lieutenants are encouraged to attend. For more information, contact Sgt. 1st Class Bill Roepe at 524-1461.

CIF Hours

Central Issue Facility hours of operation:

Regular business hours

Mondays, Tuesdays, Wednesdays and Thursdays from 7:30 a.m. to noon and 12:30 to 3 p.m. and Fridays from 7:30 a.m. to noon.

Initial/partial issues

Mondays, Thursdays and Fridays from 8 to 11:30 a.m. and 12:30 to 3 p.m. and Mondays, Tuesdays, Wednesdays and Thursdays from 12:30 to 3 p.m.

Direct exchange

Mondays, Tuesdays, Wednesdays and Thursdays from 12:30 to 3 p.m.

Partial turn-ins

Mondays, Tuesdays, Wednesdays and Thursdays from 12:30 to 3 p.m.

Full turn-ins

Appointments are scheduled Mondays, Tuesdays, Wednesdays and Thursdays, call 526-3321.

Effective immediately: Replacement will be scheduled Monday, Thursday and Friday mornings. Demobilized units tentatively have Tuesdays and Wednesdays to schedule out processing. Mobilization units will schedule unit direct exchange by appointment. Unit supply sergeants will collect Soldiers' DX items and schedule CIF appointments. A CIF employee will work one-on-one with a supply sergeant.

Active-duty units — Permanent Change of Station/End of Time in Service/chapters/retirees will make an initial out processing appointment Mondays, Tuesdays, Wednesdays and Fridays for turn-in. All follow-on appointments (14 OCIE items or less) will be scheduled if needed.

Bulk issue and turn-ins — by appointment only.

Appointments can be made with Kristine Harald at 526-3321. POC for this information is Frank Howard, CIF supervisor at 526-6477.

Laundry Service

Post Laundry Service — The post laundry service provides free laundry service to Soldiers for government-owned property only. Items issued by the Central Issue Facility should be cleaned at the post laundry prior to turn in. Allow extra time for items to return from the cleaners. It is not recommended to pick up your equipment on the same day as the scheduled CIF appointment. Turn around for service is 72 hours.

No appointment is necessary. The post laundry will not clean personal items like Battle Dress Uniforms, boots, tent pegs, canteens, entrenching tools or wet-weather gear. Material TA-50 items that can be washed include: sleeping bag assembly, chemical suits, Gortex, ruck sacks, coveralls, CVC jackets and most web equipment.

Hours of operation are 7:30 a.m. to noon and 12:30 to 3:45 p.m., Mondays through Fridays, excluding holidays. For more information, call 526-8806 or 526-8804.

Briefings

eArmyU — eArmyU program briefings are conducted at the Mountain Post Training and Education Center, building 1117, Tuesdays at 9 and 11:30 a.m. and Wednesdays at 1:30 p.m.

The Army Career and Alumni Center briefing is required for all departing servicemembers. The current

ACAP policy is to register personnel ETSing one year out and retirees two years out. Briefings are held Mondays, Tuesdays, Thursdays and Fridays from 8:30 to 10 a.m.

Call 526-1002 or 526-0640 to schedule a briefing.

Are you at end of time in service?

If you're within 120 days of end of time in service, you must immediately call 526-2607 or 526-2599 to make your appointment for your mandatory Reserve Component Briefing.

The Commanding General's

Newcomers' Brief is the third Wednesday of each month, 1 to 3 p.m. at McMahon Theater.

Hours of operation

Education Center hours of operation — The Mountain Post Training and Education Center's hours for certain programs and services are as follows:

Counselor Support Center —

Monday through Thursday, 7:30 a.m. to 4:30 p.m. and Friday, 11 a.m. to 4:30 p.m.

Army Learning Center and Basic Skill Classes — Monday through Thursday, 9 a.m. to noon and 1 to 4 p.m.

Defense Activity for Non-Traditional Education Support and Advanced Personnel Testing — Monday through Friday, 7:30 a.m. to 4:30 p.m.

eArmyU Testing — Monday through Thursday, 8 a.m. to 4:30 p.m. and Friday, 8 a.m. through 4:30 p.m.

eArmyU Office — Monday through Thursday 7:30 a.m. to 4:30 p.m. and Friday, 11 a.m. to 4:30 p.m.

Military Occupational Specialty Library — Monday through Friday, 7:30 a.m. to 11:45 a.m. and 12:45 to 4:30 p.m.

Claims Division hours — The Claims Division office hours are Monday through Thursday from 9 to 11:30 a.m. and 1 to 4 p.m., closed Fridays.

To make a personnel claim, one must attend a mandatory briefing which is given Mondays and Wednesdays at 10 a.m. and 2 p.m. At the briefing, one must submit a DD 1840/1840R.

Submit completed claims Tuesdays and Thursdays from 9 to 11:30 a.m. and 1 to 4 p.m. Closed on Fridays.

If there is an emergency personnel claims issue on Friday, call Tina Kolb at 526-1352.

Editor's note: The deadline for submitting "briefs" to the Mountaineer is 5 p.m. Friday before publication.



BOSS meeting — The post BOSS meeting, for BOSS representatives, meets the third Thursday of each month at Xtremes from 1:30 to 3:30 p.m. For information, call 524-BOSS.

Dining Schedule

Oct. 16 to 22

Wolf Inn (building 1444)

	Weekdays	Weekends
Breakfast	7 to 9 a.m.	7:30 to 9 a.m.
Lunch	11:30 a.m. to 1 p.m.	11:30 a.m. to 1 p.m.
Dinner	5:00 to 7:00 p.m.	4:30 to 6 p.m.

Striker Inn (building 2061)

	Weekdays	Weekends
Breakfast	7 to 9 a.m.	7:30 to 9 a.m.
Lunch	11:30 a.m. to 1 p.m.	11:30 a.m. to 1 p.m.
Dinner	4:30 to 6:30 p.m.	4:30 to 6 p.m.

Patton Inn (building 2161)

	Weekdays	Weekends
Breakfast	7 to 9 a.m.	7:30 to 9 a.m.
Lunch	11:30 a.m. to 1 p.m.	11:30 a.m. to 1 p.m.
Dinner	5 to 7 p.m.	4:30 to 6 p.m.

Exceptions

- Open Saturday and Sunday, Cav Inn and Wolf Inn.
- Open Oct. 23 and 24, Cav House and Wolf Inn.



Cav House (building 2461)

	Weekdays	Weekends
Breakfast	7 to 9 a.m.	7:30 to 9 a.m.
Lunch	11:30 a.m. to 1 p.m.	11:30 a.m. to 1 p.m.
Dinner	5 to 7 p.m.	4:30 to 6 p.m.

La Rochelle Inn (building 7481)

	Weekdays	Weekends
Breakfast	7 to 9 a.m.	Closed
Lunch	11:30 a.m. to 1 p.m.	
Dinner	5 to 6:30 p.m.	

Long Knife Inn (building 9612)

	Weekdays	Weekends
Breakfast	7 to 8:30 a.m.	Closed
Lunch	11:30 a.m. to 1 p.m.	
Dinner	Closed	



Photo by Spc. Stephen Kretsinger

Selfless service ...

Col. Walter Wininger, chief of staff, 7th Infantry Division and Fort Carson, is prepped to donate blood by Tami Cass, donor technician, Bonfils Blood Center, at a blood drive held at Garcia Physical Fitness Center Tuesday. Bonfils Blood Center is one of six organizations in the world to handle blood donations and distribution for the Department of Defense. Bonfils hopes to reach or surpass its goal of 550 units of blood this fiscal year, said Rochelle Kelly DeVargas, business development representative, Bonfils Blood Center.

43rd ASG farewell

From Page 1

he said. While gone, the focus of a Soldier is on the mission and should feel confident his family is in good hands, Orr explained.

During the past few months the 43rd ASG has developed a sense of family of its own. "Although we had an 80 percent turnover, making it a challenge to get ready, we have become a close unit because of it," said Col. Scott Lang, commander, 43rd ASG. "There were more than 1,000 Soldiers qualified on the ranges in less than 90 days. We've been busy."

Nonetheless, the 43rd ASG Soldiers are ready. "We have good leaders, demonstrating good decisions," said Lang. "We're trained, we're equipped, we're experienced."

1st Lt. Clee Caesar, from the 43rd ASG, said he hopes his experiences this time around will be a little more comforting. "I look forward to the better facilities than the last time I was there (Iraq)," he said. "The biggest thing I missed the last time over there was ice, and I think we may have ice over there now."

Although Caesar hopes for a few more simple comforts, he said he won't get too relaxed. "I plan to stay focused and keep my mind clear," said Caesar. "The roadside bombs are my biggest concerns," he said. "If you get too relaxed, anything could happen."

Capt. Andy Olson, an engineer for the 43rd ASG said his biggest concern is getting used to the heat. Although this is Olson's first deployment to the Middle East, he expects to accomplish a lot. "I look forward to helping the Iraqi people rebuild and establishing good relationships," said Olson.

Although there are 2,900 Soldiers who are part of the 43rd ASG, roughly 1,600 of them will actually be deployed to U.S. Central Command's area of responsibility.



Photo by Sgt. Jon Wiley

New Reserve building . . .

Maj. Gen. James Collins, center, commander 96th Regional Readiness Command, cuts the ribbon of a new \$5.7 million Army Reserve Center at Fort Carson Oct. 7. He is assisted by Brig. Gen. Joseph Orr, right, deputy commanding general, 7th Infantry Division and Fort Carson, and Col. Mike Byrne, commander of the 1st Mobilization Brigade, 5025th Garrison Support Unit. The 48,000-square-foot building will provide training and storage for units residing at Fort Carson that are assigned to the 96th RCC.

Refuse service ...

Using trash containers around post

by Virgil Redding

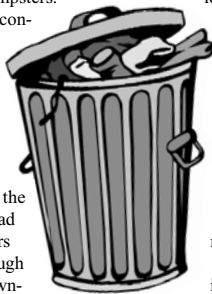
Directorate of Public Works

In preparation for a new option year on the refuse contract, the Directorate of Public Works has evaluated the present contract. The evaluation was to provide better customer service, improve the appearance of the installation and provide a more cost-effective refuse contract.

DPW has reduced the number of refuse containers on the installation. However, most buildings that had a reduction in the number of containers will have an increase in their frequency of service. The reduction of containers eliminated the unsightly clusters of containers and has provided daily service, (Monday to Friday) for most customers. The container reduction requires cooperation from all users to be successful. The refuse contractor has thus far been very cooperative in servicing the dumpsters. Obstruction of containers and large unauthorized items in containers are the most frequent reasons that containers are

not emptied. Sometimes the contractor has to make several trips to a building to empty containers because of obstructions. Only office and household types of trash should be placed in dumpsters. Construction debris, (wood, metal or concrete) should not be placed in dumpsters regardless of size or quantity. These items should be taken to the Refuse Collection Point.

The DPW requests all customers to fully utilize the post recycle program and the refuse collection point. Large bulky items should be taken to the collection point, located off Butts Road next to the MATES Motor Pool. Hours are 7:30 a.m. to 3 p.m., Monday through Friday. Also, units returning from down-range should transport their trash to the collection point. Units should not bring their trash back into the cantonment area for disposal.



The Directorate of Environmental Compliance and Management has three recycle drop off locations open 24 hours a day. The Main Recycle Center is located off Wickersham, near Gate 3; the second recycle location is at the southeast corner of the main post exchange on Sheridan and another recycle point is at the south end of the Banana Belt at Barkeley and Specker. Please do not put trash in recycle containers. The recycle contractor will not empty recycle containers that have trash in them.

The recycle center accepts cardboard, white paper, newspaper, magazines, aluminum, tin, plastic and glass. The PX drop off point accepts all previously mentioned items except white paper.

The point of contact at DPW, for all refuse issues or concerns is Virgil Redding at 526-9235. Call Master Sgt. Scott Roger, DECAM, at 526-5898.

Fort Carson awards NCO of the Year 2004

by Sgt. Jon Wiley
Mountaineer staff

Members of the Mountain Post Team and sponsors from the surrounding Colorado Springs community honored Fort Carson's Noncommissioned Officer and Soldier of the Year for 2004 at a ceremony at the Elkhorn Conference Center Tuesday.

Sgt. Kaan Cercioglu, a light wheel mechanic for Headquarters and Headquarters Detachment, 68th Corps Support Battalion, beat out the competition to earn the title of NCO of the Year.

Cercioglu, a native of Cherry Hill, N.J., said he has always wanted to be in the Army. After graduating from Cherry Hills High School West in 1999, he took the leap from civilian to Soldier and enlisted in the Army Reserves.

"My plan was to go active duty, but I wanted to test the Army out at first and get a feel for it," Cercioglu said.

Cercioglu said the event that pushed him into committing to being a full-time Soldier was Sept. 11, 2001.

"When Sept. 11 happened, I was in the Reserves. There was a 90 percent chance my company would get activated, but we didn't, and I really wanted to go over there (to Afghanistan) and serve," he said.

He got his chance to do his part for the War on Terror after switching to active duty and being assigned to Fort Carson. Seven months after arriving here, he deployed to Kuwait and served there from January 2003 to January 2004.

When he got back, he began going to boards.

"I knew it was something I had to do to stand out above my peers," he said. "I went to the first board at the company level and did great, and then I went to the battalion, group, division and then NCO of the Year for the installation."

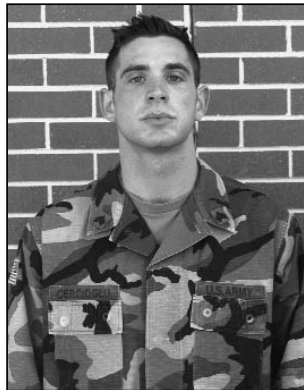
Cercioglu said winning the installation-level board was his goal, and he felt a strong sense of accomplishment when he achieved it. Now, he has his sights set on a Department of the Army level board, but he's not sure he's going to be able to compete this year because his unit is set to deploy to Iraq in November.

To younger Soldiers, Cercioglu has the following advice.

"As a Soldier, don't just take the easy way out — go the extra mile to stand out because in the long run it pays off. Exceed the standard in everything you do, day-to-day at your job, during PT, with weapons, studying, even when doing your uniforms and boots."

This is advice Cercioglu lives as well gives.

"(Cercioglu) is the epitome of what every junior noncommissioned officer should be. As an NCO, he's got all the traits and qualities. I wish I had 1,000



Cercioglu

more like him," said Sgt. 1st Class Michael Argue, first sergeant, HHD, 68th CSB.

Community

Clearing up SCRA misunderstandings

by Capt. Allen P. Zent
Office of the Staff Judge Advocate
Legal Assistance Division

Editor's note: This is the third of a series of articles regarding bad legal advice Soldiers give to other Soldiers. A good rule of thumb is to never take legal advice from someone who is not a licensed attorney. This week's installment will discuss the wrong (and almost always damaging) advice Soldiers receive regarding the right to cancel a contract.

Soldiers often have misconceptions about the extent and type of protections afforded under Federal law. This article should clarify the history and effect of the new law. The well-known Soldiers' and Sailors' Civil Relief Act was recently amended and is now called the Servicemembers Civil Relief Act.

The SCRA expands and improves legal protections for military members and applies to personnel entering the service, called to active duty, deploying overseas or transferring due to permanent change of station orders.

Under the previous law, the SSCRA, many important protections were conferred on Soldiers. The most notable of these included: reducing interest to 6 percent on pre-service loans and obligations; postponing lawsuits (e.g., divorce proceedings, consumer lawsuits, etc.) if military service materially affected the Soldier's ability to defend his or her interests; allowing termination of a pre-service residential lease; requiring judicial action before a Soldier's family could be evicted from rental property for nonpayment of rent if monthly rent was \$1,200 or less; and, allowing Soldiers to maintain their state of residence for tax purposes despite military relocation to another state. The SSCRA remained largely unchanged since its enactment in 1940. Finally, under President George W. Bush, many long sought after changes were codified and passed into law Dec. 19, 2003.

The new SCRA embodies three major goals: (1) clarification of the former SSCRA; (2) incorporation of many years of judicial interpretation and case law arising from the SSCRA; and (3) updating the SSCRA to reflect new developments in American life not envisioned in 1940. Under the new law, the SCRA:

- Expands the Soldier's right to postpone court hearings to include less formal administrative hearings. The SCRA mandates an automatic 90-day stay of proceedings when requested by the Soldier. The Soldier's request must explain why the current military duty materially affects his or her ability to appear, provide a date when the Soldier can appear, and include a letter from the Soldier's commander. Additional stays are at the discretion of the judge or hearing official.

- Clarifies the rule pertaining to the 6 percent interest cap on Soldiers' pre-service loans and obligations by specifying that interest in excess of 6 percent per year is forgiven and not merely deferred as some creditors have argued. The SCRA also specifies that a Soldier must request this reduction in writing and include a copy of his or her active duty orders.

- Expands protections against eviction by prohibiting a landlord from evicting a Soldier or dependents from a residential lease when the monthly rent is \$2,400 or less, unless eviction is ordered by a court. The previous law only protected against evictions when rent was \$1,200 or less. The \$2,400 ceiling is adjusted, with respect to inflation, for years following 2003.

- Extends the right to terminate residential leases to active-duty Soldiers who either move pursuant to permanent change of station orders or deploy with a military unit for at least 90 days. Previously, the option to break a lease without consequences was extended only to leases executed prior to entry into

the military. This sweeping change eliminates the need for active-duty Soldiers to request a "military termination clause" in leases, unless the Soldier desires the option to break the lease in the event on-post housing becomes available.

- Adds a new provision allowing Soldiers to terminate automobile leases. Under this section, pre-service automobile leases may be cancelled if the Soldier receives orders to active duty for 180 days or more. If a Soldier already on active duty leases a car, and later receives PCS orders to a location outside the continental United States or deploys for a period of 180 days or more, he or she may also cancel the contract.

- Adds a provision that prevents states from counting the Soldier's income when calculating the applicable state income tax bracket for the Soldier's spouse. This practice has had the effect of increasing the military family's tax burden.

Historically, the SSCRA applied to members of the National Guard only if they were serving in a Title 10 status. The SCRA now applies to National Guard personnel serving in either Title 10 or Title 32 status.

The revision and amendment of the SSCRA was long overdue and those involved in its passage should be applauded for expanding protections for those who serve. If you have questions or need assistance with an issue that falls under the SCRA, the Fort Carson Legal Assistance Division is available for scheduling appointments by phone at 526-5572. The office is open Monday through Thursday, from 9 a.m. to 4 p.m. Emergency walk-in consultations are available on a first-come, first-served basis on Monday and Thursday afternoons, from 1 to 4 p.m.

By appointment on Tuesdays, clients can obtain wills, living wills and medical powers of attorney. Notary services (including power of attorney executions) are available during normal hours on a walk-in basis.

TRDP eligibility includes 'gray area' retirees

Courtesy Evans Army Community Hospital

Eligibility for the TRICARE Retiree Dental Program extends to all retirees of the Reserve and Guard and their family members, including "gray area" retired reservists who are entitled to retired pay but will not begin receiving it until age 60.

Although eligibility for this group has been in effect since the TRDP first began in 1998, many retired Reserve and Guard members, and even more

gray area retirees, still do not realize they are eligible.

Premiums for the TRDP are regionally based on the primary enrollee's residence ZIP code. Title 10 of the U.S. Code, Section 1076c mandates that monthly premiums for the TRDP be deducted automatically from retired pay through one of six discretionary allotments. However, gray area retired reservists who are younger than age 60 and who enroll in the program are naturally exempt from the mandatory govern-

ment deduction, so alternative payment arrangements such as direct billing or EFT will be made.

Today, more than 791,000 retired members of the uniformed services, Medal of Honor recipients, unmarried surviving spouses, and their family members are enjoying comprehensive, affordable benefits under the TRDP. Enrollees in the TRDP can choose any licensed dentist within the TRDP service area or can select from a network of more than 80,000 dentist locations nationwide. The

TRDP service area includes all 50 United States as well as the District of Columbia, Puerto Rico, Guam, the U.S. Virgin Islands, American Samoa, the Northern Mariana Islands, and Canada.

Retired reservists and guard members, including gray area retirees, who would like more information about the TRDP can visit the Web site at www.trdp.org or call the contract administrator, Delta Dental of California, at (888) 838-8737 for a complete TRDP enrollment packet.

CG presents awards to DOC post employees

by Wendy M. Wise
Directorate of Contracting

The Directorate of Contracting and several of its employees were recognized for their hard work during fiscal 2003 during a ceremony Aug. 27.

Maj. Gen. Robert Wilson, 7th Infantry Division and Fort Carson commanding general, presented the awards on behalf of 7th Infantry Division and Army Contracting Agency, Northern Region.

Maj. Roderick Sanchez was awarded the ACA NR Outstanding Contingency Contracting Officer of the Year for exceptional support and leadership. Bob

Mills, contracting officer, received the ACA NR Special Recognition for exceptional service. Margaret Wright and Patricia Collins, both contract specialists, received the ACA NR Special Recognition for their remarkable support of the deployment of troops in support of Operation Iraqi/Enduring Freedom.

Karin Merthen was recognized as the ACA NR Outstanding Administrative Assistant of the Year for her continued exemplary performance.

Nelson Smith was awarded the ACA NR Special Recognition for outstanding contributions as Procurement Analyst. Linda Reynolds received recog-

nition as the ACA NR Outstanding Contracting Officer of the Year.

Additionally, the DOC received two awards. The first was the ACA NR Outstanding Contracting Office of the Year for exceptional mission accomplishment in the deployment of 25,000 Soldiers. The second award was the ACA NR Special Recognition Award for exceptional performance during a period of significant personnel shortage. In addition, the DOC was recognized for its innovative recruitment strategy enabling the hiring of exceptionally qualified college graduates.

FAQs about military housing, deployments

Courtesy Fort Carson Housing Office

GMH Military Housing understands that when Soldiers deploy, they must feel confident that their families are well taken care of and with deployments come questions about housing. The following are some frequently asked questions:

What if I am deployed and my family wants to visit family for an extended period of time?

The housing office needs your spouse to come into our office and fill out our "quarters temporarily vacant" form. This lists phone numbers where your spouse can be reached, as well as who may be contacted locally if an emergency exists. A key may be left at the Community Management Office, in a sealed envelope for emergency purposes. Your BAH allotment must stay with GMH. You will still be held responsible for cutting the grass in a fenced in yard, or designate someone to do it for you. If you designate someone to do this, please leave their contact information with us as well.

What if I decide to move off post before or during my deployment?

Written documentation of your deployment status stating you are deployed for more than 90 days, as well as a 30-day written notice to vacate is required. Your spouse will also need a power of attorney to clear, if you are not present.

What do I do if my allotment for BAH has

stopped for any reason?

Unless you've properly cleared your quarters, the allotment will automatically start back up the next month; however, your past due rent for the month in which we've missed your allotment would be due immediately. Your spouse may come into our office to pay this directly. Please contact our office, or have your rear detachment contact our office if this occurs. If this becomes a recurring situation, and GMH is not contacted, we may conclude your home has been abandoned and contact your unit to clear it.

If I currently live in housing on post, do you need any additional information regarding my deployment?

Yes. Please leave a point of contact for rear detachment with us in case we need to contact you regarding your allotment.

What happens if my name is called on the wait list and I am deployed?

Please make sure we have contact phone numbers for your spouse that we may call when your wait list number is up. Your spouse may sign for quarters on post, but will need a Special Power of Attorney, allowing her to "start, stop or change the allotment for your BAH," as well as pay the pro-rated rent. Please also make sure your spouse knows how to contact and set up your transportation appointment.

What if I am a single parent and am

deployed? Can I appoint someone to occupy my home to take care of my children?

Yes. We do need documentation in your file regarding this. We will need an "exception to policy" document filled out with point of contact information, as well as the paperwork showing you've given temporary guardianship of your child or children and power of attorney to your appointee.

If I clear quarters before deployment, do I have priority on the wait list when I return?

No. The date you re-applied for housing would be your new eligibility date.

If you have any other questions, call the Fort Carson Family Housing Team at the following numbers:

Kathy Gennings at 226-339 — Shoshoni, Sioux, Apache, and Arapahoe Village

Mary Hawkins and George Hererra at 226-2301 — Cherokee, Choctaw and Cheyenne Village (7200-7288)

Carlos Cochran and Michael Freeman at 226-3678 — Ute Hill, Pawnee, Comanche, Kiowa, Blackfoot, Navajo, and Cheyenne Village (7000-7107)

Sandra Ion, finance manager, at 226-2295

Jerry Stafford, leasing manager, at 226-2338

Lynn Rivera, community manager, at 226-2283

Sean Kent, project director, at 579-1606.

Upcoming mowing schedule around Fort Carson

Upcoming mowing schedule:

Tuesday to Oct. 22

Monday: 4000 Area, Apache, Sioux, Shoshoni
Tuesday: 4000 Area, Apache, Sioux, Shoshoni
Wednesday: Comanche, Pawnee
Thursday: Ute Hill — all, Navajo South
Friday: None

Oct. 25 to 29

Monday: 5000 area, Choctaw, Cherokee, Arapahoe
Tuesday: 5000 area, 7000 area, Choctaw, Cherokee, Arapahoe
Wednesday: Blackfoot, Kiowa
Thursday: Ute Hill — all, Navajo South

Friday: none

Nov. 1 to 5

Monday: 4000 Area, Apache, Sioux, Shoshoni
Tuesday: 4000 Area, Apache, Sioux, Shoshoni
Wednesday: Comanche, Pawnee
Thursday: Ute Hill — all, Navajo South
Friday: None

Community Briefs

Miscellaneous

Fall Festival — The Southeast Family and Armed Services YMCA will host a festival Oct. 30 from 5 to 7 p.m. There will be carnival games, prizes, trick-or-treating, a dance, a costume parade and concessions. The event is free and open to the public. For more information, call 622-9622.

Upcoming finance classes — "Smart Couples Finish Rich" Nov. 20 from 10 a.m. to 11:30 a.m. at the Family Readiness Center, building 1526; "Cheap Talk With Frugal Friends" Dec. 9 from 6 a.m. to 11:30 a.m. at the Family Readiness Center, building 1526.

Limited child-care available for above classes, prior registration required. Call 526-4590 to register or for more information.

Child-care openings — Child and Youth Services currently has openings for children ages 6 weeks to fifth grade. Call 526-1101 for more information.

Santa's Workshop — Applications are now available for families who qualify for Santa's Workshop. See your financial noncommissioned officer or pick up forms at Army Community Service. For more information about eligibility, call Katie at 559-9512 for information about how you or your unit can participate or Brenda at 573-2165.

Theater touring company — The U.S. Army Community and Family Support Center will be sponsoring the production "The Complete History of America." This production is solely comprised of active-duty military members. Fort Carson Soldiers who have a talent in acting, singing and dancing and want to be considered as part of the casting for this production that will be touring throughout the world, contact Al Gambala, theater director, at 526-1867, fax 526-4693 or e-mail

al.gambala@carson.army.mil. Nominations will be selected through several methods and package submitted to higher levels. Gambala will work with each individual on a submission package.

If you have at least 90 days time in service remaining after Feb. 28, 2005, are fully deployable worldwide with no restrictions for health, family or legal reasons for overseas areas and your unit will confirm your availability, then consider applying. The opportunity to travel, perform and represent the Army, entertain fellow Soldiers and family members is possible. Deadline for nomination packages to higher levels is Oct. 15.

Dust control — To help prevent dust traveling off post and to minimize air pollution issues in surrounding communities, Fort Carson will spray magnesium chloride on all unpaved roads in the cantonment area and on the more traveled down range roads through today.

Magnesium chloride is an environmentally friendly dust control and soil stabilization product; it does not cause harm to human health or the environment. It attracts moisture to provide maximum control of dust. After the road has been prepared for a dust control treatment, magnesium chloride is applied. Each year previously treated roads must be retreated with magnesium chloride and as the roads are retreated dust abatement improves. Freshly sprayed areas should be avoided.

JPSO renovations — From October to April the Joint Personal Property Shipping Office, in building 1220, will be undergoing renovations and construction on the second and third floor. Occupants are expected to be exposed to a minimal amount of dust, noise and odors from solvents, paints, glues and asbestos.

Parking will also be at a premium in the north

parking lot. Additional parking is available across the street from the south parking lot.

Harmony in Motion — Harmony in Motion, Fort Carson's premier vocal ensemble, is currently holding auditions. Positions are limited and only the best will be accepted. Call Sgt. Travis Claybrooks at 338-2340 for more information.

New TRIWEST number — TRIWEST has a new appointment number. The toll-free number changed from (888) TRIWEST to (866) 427-6606, and local numbers will be disconnected. The change is due to a change in phone service contracts.

TRICARE customer assistance — The TRICARE Customer Assistance Center located at 5475 Mark Dabling Blvd. will close Oct. 1. Following the closure, military beneficiaries will need to go to one of the TRICARE Service Centers located in the three military treatment facilities in Colorado Springs or the Fort Carson Welcome Center.

For more information, call 264-5000, option 4.

Musician needed — Prussman Gospel Service is looking for a piano, organ or keyboard player. Experience is a must. If anyone is interested in this position, call Chap. (Capt.) Jamison Bowman at 200-3909 or Prussman Chapel at 524-2871.

New requirements for pet travel to Europe — Beginning Oct. 1, the requirements for Soldiers making a permanent change of station to Europe with their pets changed. Pets are required to have a specific type of microchip. The microchips must be ISO compatible, which is not a type of chip generally administered in the United States. So, even if your dog has a microchip, unless it is ISO compatible, it will not be adequate for travel into Europe. If you have Permanent Change of Station orders to Europe, come to the Fort Carson Veterinary Treatment Facility in building 6001, Nelson Boulevard, just inside Gate 1.

Fort Carson OSC charitable funds — Each year, the Fort Carson Officers' Spouses' Club distributes charitable funds to assist and support non-profit organizations. The FCOSC is currently accepting applications for distribution of these funds. The funds will be disbursed in late November 2004 following a review and selection process of all applications by the FCOSC. To request an application, contact Bambi Brimmer, FCOSC Welfare Chairperson via e-mail at fortcarson_officersspousesclub@yahoo.com or P.O. Box 12886, Fort Carson, CO 80913. All applications must be postmarked by Thursday.

Seven Habits of Highly Effective Military Families — Building a strong, healthy and successful family is challenging under the best of circumstances. Military families have their own special set of challenges that only they can understand. Fort Carson's Family Advocacy Program is happy to bring to the community a new program specifically designed to address the concerns that matter most to military families. In "The Seven Habits of Highly Effective Military Families," they'll discuss more than basic family issues, they'll cover topics such as finances, relocation, deployment and many other issues that affect military families. This three-session class will meet on the following dates:

Wednesdays: Oct. 13 and 20 from 6:30 to 8:30 p.m. at the ACS Family University, building 1161 (off of Barkeley Avenue and Ellis Street).

- Free child-care is available.
- Refreshments, books and other learning materials will be provided.
- This class is free and open to all military families.

• Register now, call ACS at 526-4590.

Visit us at www.carson.army.mil (Click on "Army Community Service").

Yard Sale — Fort Carson Mayors' yard sales are twice a month on the first and third Saturday of the month between 8 a.m. and 3 p.m.; dates are Sunday and Nov. 6 and 20.



**Army Community Service
Family Readiness Center**
719-526-4590

Rear



Detachment Training

17, 18 & 19

November (3 day course)

8am - 4pm

Family Readiness Center, Bldg 1526

Designed to help prepare rear detachment personnel to meet the challenges that may arise during deployments. Topics addressed include: problem solving, community resources, financial readiness, crisis & grieving and how to handle stress.
Call now, limited spaces, 526-4590.

Both on- and off-post residents can participate. Housing residents can set up yard sales in front of their houses; barracks and off-post residents can set up in the Beacon Elementary School parking lot.

All residents and sellers must comply with the following guidelines:

- Residents are responsible for conducting their yard sale.
- Individual occupants are responsible for trash control and removal, which must be completed by 5 p.m. the day of the sale or citations will be issued.
- Commercial organizations and individuals will comply with regulations about solicitation.
- All sellers are prohibited from offering for sale items such as drugs, guns, food or anything that does not conform to the rules and regulations of Fort Carson or the state of Colorado.

For more information, contact your mayor or the program coordinator at 526-1082 or 526-1049.

SKIES Unlimited — Fort Carson Child and Youth Service's instructional program has added a variety of new classes this fall. Registration is being taken for piano and keyboard, Spanish, arts and crafts, sign language, Tae Kwon Do, ballet, swimming and gymnastics lessons. Additional classes beginning this fall will include defensive driving, hand bells, public speaking for teens, roller skating for ages 3 to 18 and tutors. Call 524-2896 for more information.

The Fort Carson Officers' Spouses' Club — invites everyone to an evening of art, Oct. 22 from 6:30 to 9:30 p.m. at the Elkhorn Conference Center for wine tasting and art viewing. Art auction sponsored by Regency Fine Art of Atlanta and Wreath auction courtesy of units on post. Meet Pueblo artist T. Branson. All proceeds benefit the FCOSC Welfare Fund. Tickets are \$10 each. For more information contact the FCOSC at fortcarson_officersspousesclub@yahoo.com.

Ramadan — season of alms giving

Commentary by Chap. (Capt.) Noel Johnson, Acting chaplain, 4th Engineer Battalion

As the season of Ramadan begins, Muslims will be paying special homage to the four pillars of their faith.

I have become interested in one of these pillars in particular, charity or alms giving. It is one of the most deeply human things you can do. What better way to extend the hand of fellowship than to help someone in need?

I love the food-basket programs that start up around Thanksgiving. The concept of giving thanks by passing along the blessing is such a joyful celebration of community that I keep a watchful eye out to see who is putting together a good program. No need to feel guilty about overloading the Thanksgiving table when I know I have loaded up a less abundant table down the street. And getting together with the extended family and sharing the tradition of cornbread stuffing and creamed onions shouldn't be marred by guilt.

I had to be a little more creative about alms giving this year, because, like so many others, I have had setbacks, and the abundance is a little thinner than usual. The good news is, there is a lot more that you can give besides a large check when it comes to sharing the wealth.

Last Christmas Eve, I had the privilege of taking a small group of Soldiers to an

elderly care facility. We passed out construction paper stockings with a few treats inside and sang along to carols on a cast-off Hammond organ. If you think your Christmas is ruined by being away from home, go visit the old folks home. The joy you spread is a great reward.

Every program the church has needs volunteers. I often fill in for teachers by following along in program manuals that instruct me as I teach. If I miss the service to do it, I count it all worship.

Every time I move, (which can be once every two years, or even twice in one year) I load up all those odd dishes and linens and drop them off at the Thrift Shop or the Salvation Army. It is inconvenient to do so in the middle of a move, but somebody else is moving in who needs cheap replacements. And those organizations provide needed support and services in the community and they need your patronage.

I am not a big Oprah fan, but I have to give her credit for the "acts of kindness" trend. They say that when you repeat a behavior 21 times, you develop a habit. I'm looking forward to my 22nd act of kindness so that I don't even have to think about it.

Whether you traditionally give now, or later during the holidays, give this season of giving some thought, and plan a few acts of charity. We could all stand to strengthen our pillars of faith, regardless of what religion they come from.

Briefs

Catholic Family Religious

Education — Registration is currently under way for all Catholic Family Religious Education programs. Please complete the registration forms at Soldiers' Memorial Chapel during duty hours and on Sunday morning. Space is limited, please register today. For information contact Pat Treacy at 524-2458.

Native American services —

The He Ska Akicita Inipi, is located on Fort Carson. All native and non-native people, military personnel, family members, and Department of Defense personnel are welcome. Anyone interested in attending and praying in this manner can contact Michael Dunning at 382-5331, (c) 330-9537, or (e-mail) micheal.dunning@carson.army.mil, or Charles Erwin at 382-8177, (e-mail) erwin106@juno.com, or Zoe Goodblanket at 442-0929 for more information and directions.

Protestant Women of the

Chapel — PWOC meets every Tuesday at Soldiers' Memorial Chapel from 9 to 11:30 a.m. For questions, call Barbara

McConaughy at 310-7693.

AWANA — because children matter to God — The Fort Carson Awana Club meets at Soldiers' Memorial Chapel each Thursday from 5 to 7 p.m..

Awana is an international, non-denominational organization whose goal is to reach young people with the Gospel of Christ, and train them to serve him. For more than 50 years Awana clubs have been reaching this goal through meetings that include fast paced and exciting games, scripture memorization and Bible-based lessons.

The Fort Carson club has spaces available for children from 3 years of age to 8th grade. We are also looking for committed individuals with a heart for teaching children Gods' Word to be on our leadership team.

Children have so many negative influences in their lives today, from the media to video games to peer groups. Awana is a safe place they can go to feel accepted and get clear guidelines for living in a world full of conflicting messages. To register your children or for more information, contact Stacy Chapman at 382-3970.

Chapel

Hallelujah Fun Night — Join in the fun of this Halloween alternative at Soldiers' Memorial Chapel Oct. 27 from 5:45 to 8 p.m. Come in your costume (please avoid scary costumes) and complete the scavenger hunt for a special prize. Fun and games will include pizza, a magic show, a puppet show, skits, candy, music relay races, face painting, snacks and much more. For all the toddlers there will be a special room with age-safe treats and games. This program is sponsored by the Fort Carson Protestant Women of the Chapel.

Catholic Women of Fort Carson news — Because of the success of the daytime gathering, the members will meet twice a month on the second and fourth Thursdays.

The next meeting of the First Friday group of the Catholic Women of Fort Carson is today from 5 to 8 p.m. at Soldiers' Memorial Chapel. The evening starts with the Rosary and Mass followed by supper and fellowship. The evening will end with a program on the history of the Rosary.

Attendees are asked to bring a special Rosary and story to share with the group.

Free child-care can be reserved three days prior to each event by calling Melanie Sorensen at 392-2983. Call Dominique Haftmann at 559-6680 for more information.

Chapel Schedule

ROMAN CATHOLIC

Day	Time	Service	Chapel	Location	Contact Person
M-W-F	noon	Mass	Healer	Evans Army Hospital	Fr. Battiato/649-5260
Tues., Wed., Thurs.	noon	Mass	Soldiers'	Nelson & Martinez	Chap. Amano/526-5769
Saturday	5 p.m.	Mass	Soldiers'	Nelson & Martinez	Chap. Amano/526-5769
Sunday	8 a.m.	Mass	Prussman	Barkeley & Prussman	Chap. Amano/526-5769
Sunday	9:30 a.m.	Mass	Soldiers'	Nelson & Martinez	Chap. Amano/526-5769
Sunday	10:45 a.m.	CRE	Soldiers'	Nelson & Martinez	Pat Treacy/524-2458
Sunday	11 a.m.	Mass	Healer	Evans Army Hospital	Fr. Battiato/649-5260
Sunday	12:15 p.m.	Mass	Provider	Barkeley & Ellis	Chap. Amano/526-5769
Tuesday	7 p.m.	RCIA	Soldiers'	Nelson & Martinez	Pat Treacy/524-2458
Saturday	4 p.m.	Reconciliation	Soldiers'	Nelson & Martinez	Chap. Amano/526-5769

PROTESTANT

Sunday	9 a.m.	Protestant	Healer	Evans Army Hospital	Chap. Kincaid/526-7387
Sunday	9 a.m.	Protestant	Provider	Barkeley & Ellis	Chap. Borden/526-3711
Sunday	11 a.m.	Protestant	Soldiers'	Nelson & Martinez	Chap. Deppmeir/526-8011
Sunday	11 a.m.	Prot./Gospel	Prussman	Barkeley & Prussman	Chap. Bowman/526-5513
Sunday	9:30 a.m.	Sun. School	Prussman	Barkeley & Prussman	Chap. Bowman/526-5513
Sunday	9:30 a.m.	Sun. School	Soldiers'	Nelson & Martinez	Dr. Scheck/526-5626
Tuesday	9 a.m.	PWOC	Soldiers'	Nelson & Martinez	Chap. Deppmeir/526-8011
Sunday	11 a.m.	Contemporary	Veterans'	Magrath & Titus	Chap. Martinez/526-8890
Tuesday	7 p.m.	PYOC	Soldiers'	Nelson & Martinez	Ms. Scheck/231-9511

LITURGICAL

Sunday	10:45 a.m.	Lutheran/Anglican	Provider	Barkeley & Ellis	Chap. Mitchell/526-3888
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JEWISH

For information and a schedule of Jewish Sabbath services, call the U.S. Air Force Academy Cadet Chapel at 333-2636.

WICCA

Monday	6:30 p.m.	Family University	Swearing 1161		Melissa Dalugdu/330-7873
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NATIVE AMERICAN SWEAT LODGE

Native American Sweatlodge ceremonies (He Ska Akicita Inipi) are offered to military dependents and Department of Defense personnel for traditional prayer and purification. Fasting before the ceremony is recommended and refreshments are offered following the ceremony. Please call the following for information and directions: Michael Dunning 382-5331 or 330-9537, or Zoe Goodblanket 442-0929.

Daily Bible readings: In order to assist in regular scripture reading, the following scriptures are recommended. These scriptures are part of the common daily lectionary which is designed to present the entire Bible over a three-year cycle.

Friday — Psalms 119:65-72 & Ezekiel 16-18

Saturday — Psalms 119:73-80 & Ezekiel 19-21

Sunday — Psalms 119:81-88 & Ezekiel 22-24

Monday — Psalms 119:89-96 & Ezekiel 25-27

Tuesday — Psalms 119:97-104 & Ezekiel 28-30

Wednesday — Psalms 119:105-112 & Ezekiel 31-33

Thursday — Psalms 119:113-120 & Ezekiel 34-36

The Army Cycle of Prayer — Each week, the Office of the Army Chief of Chaplains will highlight Army units, the Army at large, the nation and religious organizations to focus prayer. You are invited to join with the chaplain community and pray for these individuals and organizations.

The Army Cycle of Prayer. Please pray this week for the following:

Unit: For the Soldiers and leaders of the 3rd Infantry Regiment (Old Guard); 412th Civil Affairs Bn. and 463rd Engineer Battalion serving in the Horn of Africa.

Army: For Lt. Gen. James B. Peake, surgeon general of the Army and commander, U.S. Army Medical Command, and the military and civilian personnel who

work in the Office of the Surgeon General.

State: For all the Soldiers and families from the state of Kentucky. Pray also for Gov. Ernie Fletcher, the state legislators and local officials of the "Bluegrass State."

Nation: For Condoleezza Rice, national security advisor to the president of the United States. Pray also for the personnel who work in the office of the National Security Council.

Religious: For all those who thirst for knowledge and seek the truth. May they be filled.

For more information on the Army Cycle of Prayer, or to pray for items from previous weeks, visit the cycle's Web site at www.usarmychaplain.com.



Photos by Spc. Zach Mott
Spc. Crystal Cason, Support Squadron, 3rd Armored Cavalry Regiment, fires a .50-caliber machine gun from a wheeled vehicle during live-fire combat logistics patrol training. This live-fire was the culmination of 10-days of training by the squadron.



Unfortunately, accidents are a part of training. This Soldier had to be medically evacuated after suffering an injury to the lower leg. The UH-60 Black Hawk helicopter landed in the open field and transported the Soldier to medical aid.

ALIEFAH ...

ACR troopers conduct live-fire

by Spc. Zach Mott
Mountaineer staff

Change is a part of progress. Convoys have been used to supply U.S. troops since the days of the American Revolution. In the wake of the current war in Iraq, convoys have changed. They are now called combat logistics patrols, in light of the increasing threat insurgents pose to these vital pieces of the modern battlefield.

With change comes training. Soldiers from Support Squadron, 3rd Armored Cavalry Regiment trained on combat logistics patrols during a 10-day training exercise here. Soldiers in military occupational specialties, ranging from chemical specialist to automation clerk, practiced the skills they will need during the unit's upcoming deployment to the U.S. Central Command area of responsibility.

Soldiers trained on various scenarios including reacting to a sniper, an ambush and an improvised explosive device being detonated.

The squadron has a mix of combat-experienced Soldiers and those new to not only the unit, but to the Army as well. Support Squadron Command Sgt. Maj. Frederick Thompson said that about 75 percent of his unit has combat experience.

"The experienced Soldiers are mentoring the younger Soldiers," he said. "Having been in Iraq, these Soldiers understand the mission better and we can plan the tasks, conditions and standards better."

For Sgt. David Yeiter, who recently transferred into the unit from the 10th Combat Support Hospital, this was a chance for him to build a bond with the Soldiers he will deploy with for up to 365 days.

"This is great training because I am getting more familiar with the individual Soldiers in this unit," the automation specialist said. "It also gives everyone more training on handling our weapons and learning to communicate better."

With each exercise, and each mission, the Soldiers of the 3rd ACR learn more about their skills,

their battle buddies, and their leaders — all necessities for the perils they may encounter.

"This training builds competence and confidence in the Soldiers to win on the battlefield," said Lt. Col. Richard O'Connor, Support Squadron commander. "This is a preparation for NTC (the National Training Center) in January — it's a step in a series of exercises to prepare for combat."

As the Soldiers' skills improve, the reality of the training sets in with each tire tread mark and with each round fired from an M-16 or a .50-caliber machine gun. These Soldiers know that they are training not for another training mission, but to protect and serve the nation when they are called to duty.

"The Soldiers know the importance of the training and it helps them keep their head in the game," O'Connor said.

Thompson is assured that the training is a vital part of the unit's preparation for deployment and offers a glimpse of his Soldiers' level of preparedness.

"When we hit the tarmac, the 3rd ACR will be ready," Thompson said.



After the combat logistics patrol stopped, this Soldier moved to the rear of his vehicle to provide suppressive fire on enemy targets.



During the sniper ambush portion of the training, this Soldier fires at the enemy targets to protect the combat logistics patrol.



A convoy makes its way through the training situations set up to test the abilities of combat logistics patrols from Support Squadron, 3rd Armored Cavalry Regiment.



Out & About

Oct 15 - 22, 2004

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games
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fun
entertainment
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STAY TUNED FOR THESE UPCOMING EVENTS

(For info, please call the number listed beside the event.)



18-Oct-04	Red Ribbon Campaign	526-2501
22-Oct-04	Southwestern Table Class	526-3487
24-Oct-04	Multi Pitch Climbing	526-8353
25 Oct - 18 Dec 04	Basketball, Cheerleading Registration	526-2310
31-Oct-04	Xtreme Halloween	576-7540
31-Oct-04	Harvestfest	526-2310
2-Nov-04	Xtremes Poker Night	576-7540
7-Nov-04	Xtremes Poker Night	576-7540
9-Nov-04	Xtremes Poker Night	576-7540
9-Nov-04	Intramural League Bowling	526-6630
13-Nov-04	Veteran's Day Volksmarch	524-1388
13 Nov - 21 Nov 04	Military Family Appreciation Week	526-4494
14-Nov-04	Xtremes Poker Night	576-7540
16-Nov-04	Xtremes Poker Night	576-7540
19-Nov-04	Wood Joinery Hand Tools	526-3487
21-Nov-04	Xtremes Poker Night	576-7540
23-Nov-04	Xtremes Poker Night	576-7540
24-Nov-04	Turkey Trot	526-2151
28-Nov-04	Xtremes Poker Night	576-7540
30-Nov-04	Xtremes Poker Night	576-7540
2 Dec - 5 Dec 04	Holiday Village	526-4494
3-Dec-04	Christmas Gift Class	526-3487
6-Dec-04	Intramural League Basketball	526-6630
7-Dec-04	Xtremes Poker Night Final Tournament	576-7540
9-Dec-04	Santa's in Town	576-6646
31-Dec-04	New Year's Eve Party at Xtremes	576-7540

Sports & Leisure

Youth sports

Trojans win thrilling football contest



Photo by Walt Johnson
Fort Carson youth center Trojans running back Michael Resty, right, dives over the goal line to score the winning touchdown during action Saturday at Memorial Park in Colorado Springs.

by Walt Johnson
Mountaineer staff

Editor's note: The score of last week's game for the youth center team was reported as 44-6. The actual score was 28-6.

Looking a defeat squarely in the face did not appeal to the Fort Carson youth center Trojans tackle football team Saturday in Colorado Springs.

Trailing the Colorado Springs Redskins 8-6 with time dwindling down in the final quarter, the Trojans went to their two best running backs, Michael Resty and Shawn Broughton, to try to win the game.

The Trojans trailed all of the second half 8-6 after missing the extra point attempt in the first half and seeing the Redskins convert their chance.

The second half was a defensive slugfest with neither team able to sustain much offense. As it got late in the fourth quarter, the Trojan coaching staff needed to come up with a winning formula and the staff decided to ride its two running backs.

Broughton and Resty took turns getting important yards for the team as it drove down the field after starting a drive from its own 30-yard line. With

the ball on the nine-yard line, the Trojan coaches called for a sweep around the left end by Resty. Resty took a pitch out and beat three Redskins defenders to the goal line, diving across at the end to give the Trojans the final margin of victory.

After last week's game, when the defense and offense played below expectation, Trojans coach Pete Spellman decided he would make some corrections and it paid off for the team.

"We changed some things both offensively and defensively. We simplified our approach because most of our kids are new to tackle football and we felt if we gave them less to think about and gave them a few things to concentrate on it would help them play better, and it did," Spellman said.

At the beginning of the season Spellman said the team had two goals and midway through the season it has achieved those goals.

"When we began the year we wanted to have fun and win games. The kids and the coaches have been having fun and we are 2-2 on the season, which means we are also winning games. It's been great to be around the kids this year," Spellman said.

Mountaineer High School Sports



Photo by Walt Johnson

Top advice ...

Fountain-Fort Carson Trojans head coach Mitch Johnson, center, goes over defensive strategy at halftime of the Trojans game against the Rampart Rams Friday night at District 20 Stadium in Colorado Springs. The Trojans lost to the Rams 41-14. The Trojans are in action again tonight meeting Widefield High School at 7 p.m. at Fountain-Fort Carson High School.

On the Bench

Post coed soccer team looking for a few women

by **Walt Johnson**
Mountaineer staff

According to Rachel Van Natta, Fort Carson coed soccer spokesperson, a few good women are needed for the post team.

The post-sponsored team is in need of women players who are either active duty or a military spouse to try out for the team. Call Van Natta at 524-5061 for more information.

Congratulations are in order to Dennis Linkous who won the Xtremes Entertainment and Sports Bar poker tournament Oct. 5.

During the course of the five-week tournament there was enough hot air going around the facility to have kept the Hindenburg afloat. In the true spirit of poker playing, there was enough bragging (real and fake) and truth stretching to make anyone proud. In the end, the other five finishers were: second place Brian Wildes; third place Ted Sario; fourth place Steve Starrett; fifth place Joey Romero and sixth place Zachary Jones

Linkous won a 42-inch screen high definition television; Wildes won a 32-

inch flat screen high definition television; Sario won a mini-bike and Starrett won a home boom box system.

Congratulations are in order for the 64th Forward Support Battalion and Battery C, 1st Battalion, 44th Air Defense Artillery for finishing second and third respectively in the recently concluded intramural unit level football championship.

With Col. Michael Resty Jr., garrison commander, looking on, the two teams put on a show that would have made any television network proud.

The two intramural titans took turns scoring on each other during the game that saw the winning touchdown (by the 64th FSB) scored with less than two minutes left in the game and the potential game winning drive for Battery C coming up 15 yards short of the end zone as time expired.

At the end of the 18-16 game, Resty applauded both teams for what he said was one of the finest intramural games he had seen and also commended the teams for participating in the true spirit of intramural play.

See Bench, Page 21

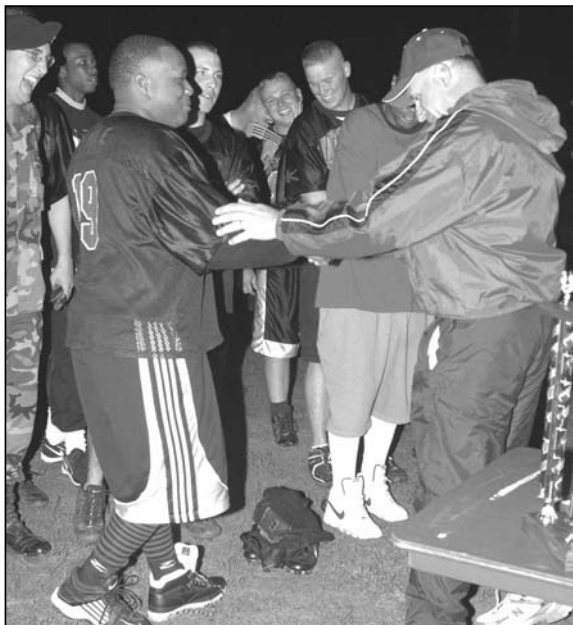


Photo by Walt Johnson

Command greetings ...

Col. Michael Resty Jr., right, garrison commander, congratulates members of Battery C, 1st Battalion, 44th Air Defense Artillery after they finished third in the unit level intramural football championships on post.



Photo by Walt Johnson

Xtreme's Entertainment and Sports Bar employee Renee Figueroa, left, waits for a poker player to decide what he is going to do during the bar's poker tournament final Oct. 5.

Bench

From Page 20

The post is trying to establish boxing, wrestling and running teams.

Anyone interested in coaching any of the teams should contact Bill Reed, Special Events Center manager, at 524-1163.

The post youth center will be sponsoring a wrestling camp beginning Nov. 13 at the post youth center.

Registration for the camp is currently under way and will run through Nov. 10. For more information on the camp, call 526-1233 or 526-1100.

There is going to be a number of winter sports activities coming up that youth center patrons will want to put on the calendar.

Registration is currently under way for in-line hockey (7 to 9 years old, 10 to 12 years old, 13 to 15 years old and 16 to 18 years old) and will take place until Oct. 30. The season is scheduled to run from Nov. 15 to Jan. 8, 2005.

The youth basketball registration period will be from Oct. 25 to Dec. 18. The season is set to run from Jan. 22 to March 12, 2005. Teams will be formed in the following age groups: 3 to 4 years old, 5 to 6 years old, 7 to 9 years old, 10 to 12 years old, 13 to 15 years old and 16 to 18 years old. There will be a skills assessment for ages 7 to 9 (6 to 7:30 p.m. Jan. 4, 2005) and 10 to 12 years old (6 to 7:30 p.m. Jan. 5, 2005).

The cheerleading registration period will be from Oct. 21 to Dec. 18. Teams will be formed in the following age groups: 5 to 6 years old, 7 to 9 years old, 10 to 12 years old, 13 to 15 years old and 16 to 18 years old. The season is set to run from Jan. 22 to March 22, 2005. Coaches are also needed for the cheerleading program.

Each activity require physicals and military identification cards. Please call central registration at 526-1100 or 526-1101 for more information.

Pigskin Picks

College/NFL Week 6



Don Anderson
Maint Trp, 3rd ACR



Brian Davis
S&T Trp, 3rd ACR



Josh Maberry
Family member



Nikcoal Maberry
HHC, USAG

Virginia at Florida State	Florida State	Florida State	Florida State	Virginia
Ohio State at Iowa	Ohio State	Iowa	Iowa	Iowa
Notre Dame at Navy	Notre Dame	Notre Dame	Navy	Notre Dame
Oklahoma at Kansas State	Oklahoma	Oklahoma	Oklahoma	Oklahoma
Wisconsin at Purdue	Purdue	Wisconsin	Purdue	Purdue
Carolina at Philadelphia	Carolina	Philadelphia	Philadelphia	Carolina
Cincinnati at Cleveland	Cincinnati	Cincinnati	Cleveland	Cleveland
Houston at Tennessee	Tennessee	Tennessee	Tennessee	Tennessee
Kansas City at Jacksonville	Jacksonville	Jacksonville	Kansas City	Kansas City
Seattle at New England	Seattle	New England	New England	New England
Washington at Chicago	Washington	Washington	Chicago	Chicago
Denver at Oakland	Oakland	Denver	Denver	Denver
Pittsburgh at Dallas	Dallas	Pittsburgh	Pittsburgh	Pittsburgh
Green Bay at Detroit	Detroit	Detroit	Green Bay	Green Bay
Minnesota at New Orleans	Minnesota	Minnesota	Minnesota	New Orleans
Tampa Bay at St. Louis	St. Louis	Tampa Bay	Tampa Bay	St. Louis

Mountaineer Youth Spotlight



Photo by Walt Johnson

Soccer with Colorado Springs youth ...

Members of the post youth center soccer team look to make a play against the Colorado Springs Pride youth soccer team during a game on post Saturday afternoon. The team of 10- to 12-year-old children plays its games on post and in Colorado Springs on Saturday afternoons.

Miramont Castle

Happy Openings



Story and photos by Nel Lampe
Mountaineer staff

Miramont Castle in Manitou Springs was finished in 1895, following three years of construction. The 46-room castle was built by a French priest, Father Jean Baptiste Francolon, who was serving as priest at Our Lady of Perpetual Help church in Manitou Springs. Francolon had the castle built as a home for his mother Marie.

Miramont Castle was designed in nine styles of architecture: shingle-style Queen Anne, Romanesque, English Tudor, Flemish stepped gables, domestic Elizabethan, Venetian Oggee, Byzantine, Moorish and half-timber Chateau. Although it was built during the Victorian era, that style architecture is not included.

The castle was designed by the priest and is constructed of locally quarried stone.

It wasn't long after the priest and his mother moved into

Miramont that they had more rooms added to the castle.

After the Francolons had been in the castle for about 10 years, they returned to France, leaving the building unoccupied for two years.

The Sisters of Mercy took over the vacant building and put it to use as a sanitarium. During that time the Colorado Springs area was a popular place for people with tuberculosis seeking a cure. It was believed the dry air and abundant sunshine would cure the lung disease commonly called "consumption" and other lung ailments. Several sanitariums were in the Pikes Peak area in the early part of the 20th century.

The sisters cared for tuberculosis patients for about 30 years, before giving up operation of the facility.

In the 1940s, the castle was converted into 10 apartments. Several Soldiers newly assigned to Camp Carson lived in the building.

See Miramont Castle, Page 26

Restored Victorian-era castle open to visitors

LEFT: Miramont Castle features nine styles of architecture. The restored castle is in Manitou Springs.



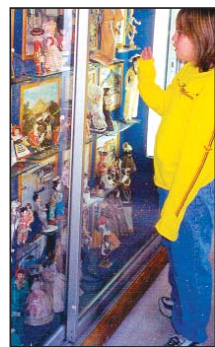
Marie Francolon's bedroom has recently been repainted its original color.



Miramont Castle has its own small chapel, which may be booked for weddings.



The Miramont Castle Tea Room is open year-round for lunch and tea.



Places to see in the Pikes Peak area.

Oct. 15, 2004

Miramont Castle

From Page 25

The building was again vacant and dilapidated when the Manitou Springs Historical Society gained ownership of the castle in 1976.

The building had been condemned; most of the roof was gone; many of the windows were missing. But, the historical society wanted to preserve Manitou's Victorian heritage.

Several members of the society refinanced their own homes to get the money to buy the castle and begin restoration.

The group cleaned up a couple of rooms, opened those rooms to the public in order to raise money while continuing restoration. Restoration still continues, although most of the castle is now open to visitors year-round.

Much of Manitou Springs is hilly and steep, and the area around Miramont Castle is no exception. After parking near the entrance or behind the castle, head for the entrance at the front of the castle. Pay the entrance fee and pick up the self-guided tour brochure.

First stop is the International Museum of Miniatures, which is unrelated to the castle. The treasure of dolls, furniture, toys and houses belong to Doris Crawford, a member of the historical society. Crawford's hobby was miniatures and she made the miniature structures, modeled after actual Manitou Springs buildings. A visit to the miniature museum is almost like visiting Manitou Springs in the 1890s. The dolls and furnishings depict life during the



A huge stone fireplace is in the great room at Miramont Castle. The fireplace is built into the mountain and weighs 400,000 pounds.



A suit of armor is displayed in the library of Miramont Castle in Manitou Springs.

Victorian age.

After visiting the miniature museum, refer to the self-guided tour handout obtained at the entrance and begin the castle tour.

Although the castle isn't as elegant and spacious as visitors might expect, Miramont has its own charm. It is interesting because of its mix of architecture styles, its unusual room shapes, mix of window styles and inclusion of a chapel.

There's an unusual red stone fireplace in the great room which weighs 400,000 pounds. It is built into the mountain. The castle has a secret passageway, stained glass windows, lots of stairways, 18-foot ceilings and a solarium. Some rooms have six-sided walls, others have eight-sided walls or even 16 walls. The castle had indoor plumbing and electricity.

A fireplace in the great room weighs 400,000 pounds and extends more than seven feet into the mountain.

Although few original furnishings survived, the castle has been furnished in period furnishings obtained in the Manitou Springs area.

The self-guided tour includes a visit to the priest's sleeping quarters, his mother's dressing room and sleeping room, the music room, great hall, the chapel, and finally, on the fourth floor, the servants' quarters and the castle's gift shop.

In addition to the selection of books, Victorian and castle souvenirs, old-fashioned candy, knick knacks, pens and keychains, the gift shop holds a treasure trove of Victorian-style dolls, gifts and memorabilia. Visit all rooms housing gift shop merchandise, including a Christmas room containing Victorian-style tree decorations. Gift selections include tea cups, children's tea sets, reproduction lamps and many Victorian-style dolls.

Miramont's most special time of year is the Victorian Christmas event, which begins the weekend following Thanksgiving. The castle is decorated in Victorian Christmas splendor throughout the holiday season. The castle is outlined in tiny white lights.

The castle tearoom is open from 11 a.m. to 2 p.m. Tuesdays through Saturdays for tea, refreshments and light lunch items. In addition, high tea is served 2:30 to 4 p.m. Tuesdays and Fridays, by reservation only. High tea includes tea, scones and cream, tea sandwiches and dessert. This is the first year that tea service has continued after the summer months.

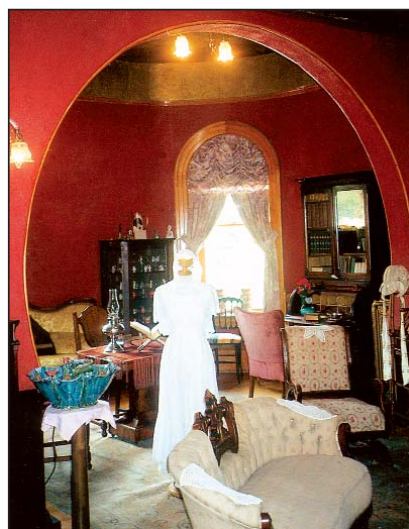
The tea room is accessed from the outside stairway on the left of the building and tea room customers do not have to pay the museum admission fee.

Miramont Castle is open year-round from 11 a.m. to 4 p.m. Admission to the castle and miniature museum is \$5 for anyone older than 12, and \$1 for children 5 to 11. Children 5 and under are admitted free.

For more information, call



Windows in Miramont Castle reveal a close-up view of snow-covered mountains in winter.



A round doorway is one of the unusual architectural details in Miramont Castle.

685-1011.

To reach Miramont Castle, 9 Capitol Hill Ave., take Interstate 25 or Highway 115 north to the Cimarron exit. Take Highway 24 west to the business route to Manitou Springs.

Or take Colorado Avenue west through Old Colorado City, it eventually becomes Manitou Avenue. In downtown Manitou Springs, take Ruxton Avenue south for a few blocks, which will bring you to a street banner which reads "Miramont Castle."

At the castle, park in one of the spaces provided to the left of the entrance. Additional spaces are behind the castle; continue driving left of the entrance and following signs to the rear parking lot. There are stairs to descend to the front entrance, where the tour begins.

Just the Facts

- **Travel time** 30 minutes
- **For ages** all
- **Type** historic castle
- **Fun factor** ★★★★★
(Out of 5 stars)
- **Wallet damage** \$
\$ = Less than \$20
\$\$ = \$21 to \$40
\$\$\$ = \$41 to \$60
\$\$\$\$ = \$61 to \$80
(Based on a family of four)

Get Out!

Corn Maze

The annual corn maze at JoyRides Family Fun Center is open from 11 a.m. to 5 p.m. Admission for the maze is \$5 for anyone 12 and older and for \$3 for children 11 and under. A hay ride is \$7 for adults and \$5 for children, with a discount for people who've purchased a wristband for rides. JoyRides is off East Platte Avenue.

Haunted Houses

It's time for a "Nightmare on Platte," as JoyRides Family Fun Center opens its haunted houses, Demented Journey, Planet of Terror and Misery Mile. Across the street at the Flea Market, there's Mind Seizure and Nightmare Machine. Dates are today through Sunday, Thursday to Oct. 17 and 21 to 31. Admission ranges from \$1 to \$11; call 527-3787. JoyRides is at 5150 Edison Ave; the Flea Market is 5225 E. Platte Ave. Web sites are Joyridesffc.com and Mindseizurehauntedhouse.com.

Boo at the Zoo

"Boo at the Zoo" is a Halloween tradition at the Cheyenne Mountain Zoo from 5:30 to 8 p.m. Oct. 22, 23, 24, 29, 30 and 31. Admission is \$5 per person and children may wear costumes. To ease parking woes, take a shuttle bus from Sears parking lot at Broadmoor Towne center.

Fine Arts Center theater

"A Funny Thing Happened on the Way to

the Forum" runs through Oct. 24 at the Fine Arts Center theater, 30 W. Dale St. Performances are Fridays and Saturdays at 8 p.m. and Sundays at 2 p.m. Tickets are \$25; 634-5581.

Pikes Peak Philharmonic

The Pikes Peak Philharmonic performs Sunday at 3 p.m. at Radiant Church, 4020 Maizeland Road and Tuesday at 7 p.m. at Sierra High School, 2250 Jet Wing Dr. Tickets are \$6 for adults, \$4 for students or \$12 for a family.

Veterans Day Parade

A Veterans Day parade through downtown Colorado Springs is set for Nov. 6 at 9:30 a.m. This parade has been an annual event in Colorado Springs for several years.

World Arena

The Colorado Springs World Arena is selling tickets to Randy Travis and Andy Griggs Sunday; at the arena. The TJ Maxx Tour of Gymnastics Champions is Nov. 10; Reba McEntire Nov. 14 at 7 p.m. and Yanni performs Nov. 29; call 576-2626. The Trans Siberian Orchestra presents "Christmas Eve and Other Stories," a rock opera, Dec. 8. Tickets start at \$39.75. Purchase tickets at www.ticketwest.com or call 576-2626.

Paleontologist speaks

World-renowned paleontologist Dr. Phil Currie, of the Royal Tyrrell Museum, will be speaking at the Ute Pass Cultural Center in Woodland Park at 2 p.m. Nov. 7. Tickets are \$10 for adults, \$8 for children ages 6 to 12. Those under 5 are admitted for free. Seating is limited, please call (719) 686-1820, ext. 112 for reserva-

tions or go online at www.rmdrc.com. Following the program, Currie will sign books at the Dinosaur Resource Center at 3 p.m. His books are in the center's bookstore, 201 S. Fairview St. in Woodland Park.

Colorado Springs Philharmonic

Upcoming concerts for the Colorado Springs Harmonic include "Hooray for Hollywood" Saturday, "Beethoven's Emperor" Oct. 23 and 24 and "Halloween Spooktacular" Oct. 32. Tickets start at \$12, call 520-SHOW. Performances are in the Pikes Peak Center, 190 S. Cascade.

Pulitzer Prize Photographs

The Colorado History Museum in Denver has the largest exhibit of Pulitzer Prize Photos on display through Dec. 12. The exhibit is available Monday, Wednesday and Saturday, from 10 a.m. to 5 p.m., Thursdays and Fridays from 10 a.m. until 9 p.m. and Sunday, from noon until 9 p.m. Tickets to the exhibit are available at the Colorado History Museum in downtown Denver or online at www.coloradohistory.org.

Ballet in Pueblo

The Aspen Santa Fe Ballet performs at the Sangre de Cristo Arts Center Theater, 210 N. Santa Fe Ave. in Pueblo, at 4 p.m. Nov. 7. Tickets are \$20; call (719) 295-7222.

Fun at the YMCA

Military families may enjoy Family Fun Night Oct. 22 at the Southeast/Armed Services YMCA; dinner at 6:30 p.m., followed by activities; \$2 for adults, \$1.50 for children.



Photo by Nel Lampe

Air Force Academy football ...

Division I-A college football is just a half hour from Fort Carson at the Air Force Academy's Falcon Stadium. Game tickets are available by calling 472-1895. Enjoy tailgating and pageantry at remaining home games this season include Brigham Young University Oct. 23, San Diego State Nov. 13 and Colorado State University Nov. 20.



Program Schedule for Fort Carson cable Channel 10, today to Oct. 22.

Army Newswatch: stories on the return of the Army deserter, eArmy U and Florida hurricane relief (repeat). Airls at 7:30 a.m., 12:30 p.m., 7:30 p.m. and 12:30 a.m.

Navy/Marine Corps News: stories on Hurricane Ivan, the USS Chung Hoon and the USS Constitution. Airls at 8 a.m., 1 p.m., 8 p.m. and 1 a.m.

Air Force News: stories on Operation Enduring Freedom, the Fox Patrol in the Kyrgyz Republic and Florida hurricane damage (repeat). Airls at 8:30 a.m., 1:30 p.m., 8:30 p.m. and 1:30 a.m.

The Mountain Post Community Town Meeting, held monthly, airts at 9 a.m. and 5:30 p.m.

The Pentagon Channel plays on Channel 9. In addition to standard programs like Army Newswatch, the channel will feature other Army-related programs, including briefings and other Army news.

If you have comments on Channel 10 programming or wish to coordinate a broadcast on Channel 10, please contact Chief of Command Information at 526-1241 or via e-mail at CommandInfo@carson.army.mil.

Program times will be published in the *Mountaineer* provided coordination is made one week prior to publication.

For additions to the Community Calendar, please submit an e-mail to the above address. Send a clean, typewritten copy of the information to the Public Affairs Office, room 2180, 6151 Specker Ave., Fort Carson, CO 80913 or fax information to 526-1021 no later than the Friday before the desired airing time.